

## Myocardial Infarction Signs

Women: Symptoms are not as predictable as men's. Indigestion, sleep disturbances, shortness of breath, anxiety, or weakness in the arms may be warning signs in women.

Men: Symptoms are more classical for men. Pain or pressure in the chest, pain in the neck, both arms, neck, jaw, and stomach.

If a heart attack is suspected, 9-1-1 should be called immediately. Do not delay, it is better to be safe than sorry. Do not try to go to the hospital on your own.