Easy As 1-2-3

- **1.** Each day, in your own home, the Cardiocom Telescale monitors your weight and symptoms.
- **2.** This information is automatically sent over your phone line to your medical team in less than 30 seconds.
- **3.** Your data is analyzed and your medical team is notified if you require a change in medication or treatment plan.

FOR MORE INFORMATION CONTACT: AultCare Service Center: 330-363-6360 AND 1-800-344-8858

PrimeTime Health Plan Service Center: 330-363-7407 AND 1-800-577-5084

Take an active role in your healthcare — with the Cardiocom Telescale.

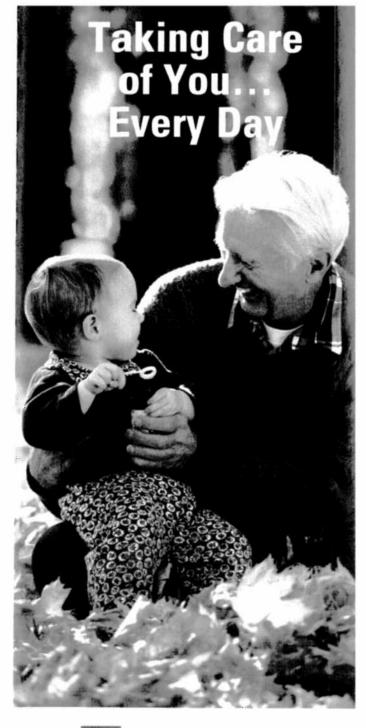
Mechelle Metzgar, RN 330-363-2389

Linda Hahn, RN, BSN, CCM 330-363-3956

AULTCARE

PRIMETIME

HEALTH PLAN





Daily management of heart failure by your medical team can prevent unnecessary hospitalizations and improve your quality of life. The Cardiocom Telescale® monitors your weight and symptoms every day at home and automatically sends this information directly to your medical team. This information is analyzed and allows your physician to adjust your medications or make changes to your treatment plan. Cardiocom provides the tools for you and your medical team to manage your heart care.

Daily Health Check

- Are you feeling more short of breath?
- Are you coughing more than usual?
- Are your ankles or feet more swollen?
- Are you urinating less than usual?
- Are you more dizzy or lightheaded?
 Step on the scale, measure your weight and you are done!



Cardiocom Telescale® Benefits:

- Use in your own home to link you and your medical team daily
- Alert your medical team before problems occur
- Prevent unnecessary hospitalizations
- Decrease emergency room visits
- Improve your quality of life
- Increase confidence and independence
- Easy-to-use
- Clear, friendly voice asks questions
- Appropriate for visually or hearing impaired
- Only takes three minutes a day